

What is the RSDP Coaching Community?

Our coaching community is a base for the racing industry's professional coaches to network with other coaches through collaborative analysis, idea sharing, practice, discussion, evaluation, and support. Our coaching community strives to support coaches by providing a platform where coaches can be recognised and work together to increase knowledge and skills, by sharing best practice with industry coaching professionals. Together we can set the standard for horsemastership and staff development.



The benefits of a Recognised Professional Coach include:-

- ✓ Access to further training and information & guidance
- ✓ A free coaching item to wear for recognition.
- ✓ Qualification and certification (1st4sport recognised).
- ✓ Access to attend CPD events for free or at a reduced cost.
- ✓ Access to an exclusive racing coaching community membership.
- ✓ Free personal development planning sessions.
- ✓ Join a variety of professional industry coaches on our register and have a featured case study.
- ✓ Approachable professional advice 24/7 with any queries answered confidentially. Mentor support on your personal coaching development.
- ✓ Subscription to our quarterly newsletter.
- ✓ UK coaching hot topics.

Terms and Conditions: -

As a Recognised Professional Coach, you must agree to abide by the following terms and conditions:-

- ☐ Maintain current Safeguarding and First Aid qualifications
- ☐ Always act professionally in your role.
- ☐ Inform the BHA of any misconduct.
- ☐ Abide by the Rules of Racing and the BHA Code of Conduct for Coaches. These rules **must** be adhered to at all times
- ☐ Abide by GDPR and confidentiality guidelines.
- ☐ If working as a freelance coach, ensure you have adequate insurance cover. Do not coach outside your qualification cover. (See attached criteria)
- ☐ Attend at least one annual CPD event face to face. Additional webinars are available free of charge for CPD.
- ☐ Hold a current DBS certificate.
- ☐ Agree to have a performance development review session annually.
- ☐ Agree to be involved in coaching community activities i.e., case studies and other material.
- ☐ Show active practice. All coaches will be required to assist in regional training/coaching activities.
- ☐ Promote the work and benefits of RSDP.
- ☐ Build new skills and continue to develop yourself.
- ☐ Inform the RSDP Manager of any changes to your circumstances or contact details.

Print name: -

Current address: -

Current email: -

Current mobile number: -

Signed: -

Date: -

Programme manager authorised: -


Please keep a copy for your own records and return a signed copy in the pre-paid envelope.

Contact details for the Programme Manager Sam Trainor

S.Trainor@theNHC.co.uk.

07597435389

- Racing staff development programme @RacingRSDP

 regional_train

British Horseracing Authority Racing Coach Programme Equestrian Coaching (Racing)

Levels 1, 2 and 3 Coaching Criteria

LEVEL 1 RIDER COACH

- A coaching assistant **not** a stand alone coach

- Employed on a training yard and available to assist younger, less experienced members of staff.
- You will aid staff retention by offering advice and coaching to improve skills
- Understand when to refer a coaching query to a higher more qualified coach
- Coaching is covered by yard insurance as you are not covered to coach outside of your employment.
- Level 1 coaching qualification is the first qualification for those who do not yet hold a coaching certificate

LEVEL 2 RIDER COACH

- Qualified to coach without direct supervision
- Assists in delivery of regional yard training organised by RSDP is covered by RSDP insurance.
- With adequate insurance can freelance coach this must be organised by the coach.
- Prepare, deliver, and evaluate a series of coaching sessions
- Networks with other Level 3 and 2 coaches, roving instructors and trainers to ensure the coaching needs of the racing community are met.
- Liaises with stakeholders of the wider racing community such as parents of pony club participants, pony racing jockeys, amateur racing enthusiasts to ensure that coaching and training needs are met.

LEVEL 3 RIDER COACH

- A Level 3 coach is a fully autonomous coach able to plan, deliver, analyse and review annual programmes of development for riders.
- A role model for the racing industry
- Actively goal setting and delivering progressive coaching for a number of riders
- Mentoring and advising Level 1 and 2 coaches and encouraging others to join the rider coaching programme
- Organise and deliver regional training to work riders on training yards. Provide detailed feedback and action plan for rider development.
- Continually evaluating and developing personal coaching practice.
- With adequate insurance can freelance coach this must be organised by the coach.