

Mid-Point Mentoring Check-In Survey

Assessing Progress, Identifying Strengths, and Addressing Areas for Improvement

This survey is designed to facilitate a reflective check-in at the mid-point of a mentoring relationship, helping both mentors and mentees to identify what is working well and areas that may benefit from adjustment. Please answer honestly to ensure the mentoring process continues to support your goals.

Mentoring Relationship Details

- Name of Mentor: _____
- Name of Mentee: _____
- Date: _____

Section 1: Progress and Achievements

1. What aspects of your mentoring relationship have been most effective so far?(Please provide specific examples of what has worked well.)
2. Have you made progress towards your agreed goals?
(Briefly outline any achievements or milestones reached.)
3. What strengths have you discovered in yourself or your mentor/mentee during this process?

Section 2: Areas for Adjustment or Improvement

1. Are there aspects of the mentoring relationship that could be improved?
(Is there anything that is not working as well as you had hoped?)
2. Have any challenges or obstacles arisen that need to be addressed?
(Please describe any difficulties and how they might be overcome.)
3. Do you feel the frequency and format of your meetings is appropriate?
(Would you suggest any changes?)

Section 3: Next Steps

1. What would you like to focus on for the remainder of the mentoring period?
2. Are there any new goals or adjustments to existing goals that you would like to discuss?
3. Is there additional support or resources you need going forward?

Section 4: Additional Comments

1. Is there anything else you would like to share about your mentoring experience so far?

Thank you for taking the time to complete this survey. Your feedback will help ensure the mentoring process remains positive, productive, and supportive of your development.