



Staff Name:

Yard:

I have completed an initial assessment on the gallop and simulator. I have agreed, contributed to and understood how my Individual Development Plan is recorded. I understand I am working towards developing my riding skills within the Work Rider Progression Programme. I consent to my coach working through the agreed training standards relating to my development programme. I also consent for my coach to share information relevant to my learning programme with other regional coaches who will continue my development. The coach will only share video and photographic feedback with myself, unless prior permission is sought. Staff development records will be kept in line with GDPR.

Staff Signature:		Date commenced:	
Practical Skill Log			
Practical Skill	Coach signature	Staff signature	Date
Ride the racehorse effectively and competently in all paces according to instructions.			
Demonstrate a balanced effective position.			
Demonstrate riding with a double bridge			
Demonstrate riding with a single bridge.			
Show the ability to change hands.			
Show how to pull the stick through as needed.			
Effectively demonstrate the pull and push techniques.			
Assess the level of education of the horse prior to schooling.			
Show the ability to school a racehorse according to trainers instructions.			
Be able to ride upsides effectively and safely showing awareness of other horses and riders.			
Show the ability to adapt rider position accordingly.			
Give detailed feedback on the horse's way of going.			
Maintain health and safety security of horse, self and others during work.			
Ensure work is carried out in a manner which minimises environmental damage.			
The riders ability to reflect on their own performance.			
Signed and approved by the trainer on completion. Name:		Date:	

